



The Ultimate Solution

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**RESOURCE RECOVERY LADY 'MOONWALKS' HER WAY TO
£900 CHARITY DONATION**

Caroline Carr, who works for Lafarge Cement's Resource Recovery businesses Sapphire and Glacier, has raised an impressive £900 for breast cancer charities after completing the Edinburgh MoonWalk, with Lafarge Cement donating £200 to reward her mammoth effort

The plucky lady finished the 26 mile course in eight hours 23 minutes. She 'walked the walk' with friends Vera Nottage, whose husband Graham also works for Lafarge, and Mavis Simpson who lives in Caudon, home to the headquarters of Lafarge Cement's Resource Recovery business. Between them they have raised nearly £3000.

The £200 Lafarge donation was topped up by sponsorship from fellow workers at the Caudon site, Lafarge's head office in Solihull as well as friends and family from Waterhouses.

Such MoonWalks are now held all over the world, but it's only the third time one has been held in Edinburgh. Caroline, Vera and Mavis were among 12,000 women – all baring their bras in aid of charity - who set off at midnight to complete the gruelling course.

"Some of our friends who live in the area have suffered from breast cancer, and we wanted to do something in support of them," explained Caroline. "It was fantastic to be part of such a wonderful experience and know that we were all helping to raise millions to help fight such a devastating disease.

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“Walking 26 miles in the middle of the night was certainly an unusual experience, and I have to say the last two miles were a real struggle,” she continued. “But the atmosphere and swell of support you experience from being part of a crowd of thousands upon thousands of people is incredible and you find yourself walking through the pain.”

They finished the marathon course at 8.30am, and had a good Scottish fry up to celebrate. The feast was certainly deserved – the ladies had been training since the end of March for the event, including one trek along the canal path from Frogall to the Etruria locks so they could count down miles using the markers on the towpath.

The intrepid walkers are still considering whether to do it all again next year - in the meantime, they're nursing their blisters and feeling satisfied that they may have taken some valuable steps towards beating breast cancer.

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